

My friend is autistic

My name is .

I am in class.

My friends and I are all different, but sometimes we are similar too.

I have a friend called . *She/he* is autistic.

We both like:

We both can:

Being autistic means *my friend’s\** brain thinks in a different way to mine.

*My friend* and I are good at some things and find other things difficult. We are both learning new things every day, even if the way we learn is different.

This is okay.

I can help my autistic friend by understanding that it is okay to think in a different way. I can listen to *her/him* and join in the ideas *she/he* has when we play together.
I can ask *her/him* if I can learn what makes my friend feel happy and what makes my friend feel scared.

I can tell my teacher when my friend needs help.

I can remember that sometimes school is hard for me too. It is usual to feel upset when things are hard.

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It is good to feel happy when you are doing something you enjoy. *My friend* and I love to laugh and enjoy things together.

# We are brilliant!

(*\*Insert the child’s name here*.)